

WHAT IS CLAIMED IS:

1. A regime or regimen for loosening/slackening  
and/or relaxing cutaneous and/or subcutaneous human skin  
5 tissue, comprising administering to a candidate subject  
in need of such treatment, a thus-effective amount of at  
least one inhibitor of at least one calcium channel.

2. The regime or regimen as defined by Claim 1,  
10 for treating, curatively and/or preventively, skin  
wrinkles and fine lines.

3. The regime or regimen as defined by Claim 2,  
15 for reducing skin wrinkles and fine lines.

4. The regime or regimen as defined by Claim 1,  
for smoothing the skin.

5. The regime or regimen as defined by Claim 1,  
20 comprising muscular decontraction or relaxation.

6. The regime or regimen as defined by Claim 1,  
for attenuating and/or eliminating the microrelief of  
the skin.

25 7. The regime or regimen as defined by Claim 1,  
comprising topically applying said effective amount of  
at least one inhibitor of at least one calcium channel  
onto the skin of said candidate subject in need of such

treatment.

8. The regime or regimen as defined by Claim 1,  
said at least one inhibitor of at least one calcium  
5 channel comprising an agent active on the plasma  
membrane, a calcium-influx inhibitor, a calcium-  
complexing agent, or an agent active inside the cell,  
which have an effect on the release of intracellular  
calcium reserves or an inhibition of the formation of  
10 the calcium/calmodulin complex.

9. The regime or regimen as defined by Claim 8,  
said at least one inhibitor of at least one calcium  
channel comprising a phenylalkylamine, a  
15 dihydropyridine, a benzothiazepine, or a  
diphenylpiperazine.

10. The regime or regimen as defined by Claim 9,  
said at least one inhibitor of at least one calcium  
20 channel comprising verapamil, anipamil, gallopamil,  
devapamil, falipamil, tiapamil, nifedipine, amlodipine,  
dazodipine, felodipine, isradipine, lanicardipine,  
nimodipine, nisoldipine, nitrendipine, ryosidine,  
Diltiazem, cinnarizine, or flunarizine.

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11. The regime or regimen as defined by Claim 10,  
said at least one inhibitor of at least one calcium  
channel comprising verapamil.

12. The regime or regimen as defined by Claim 8,  
said at least one inhibitor of at least one calcium  
channel comprising an agent active on the sarcoplasmic  
reticulum, a calmodulin antagonist, a naphthalene  
5 compound, or a dopamine antagonist.

13. The regime or regimen as defined by Claim 12,  
said at least one inhibitor of at least one calcium  
channel comprising dantrolene, TMB-8, phenothiazine,  
10 trifluoperazine, chlorpromazine, dibucaine, pimozone,  
haloperidol, or calmidazolium.

14. The regime or regimen as defined by Claim 1,  
comprising subcutaneously and/or intradermally injecting  
15 said at least one calcium channel.

15. A topically applicable cosmetic skincare,  
makeup or artificial tanning composition comprising an  
effective skin loosening/slackening and/or relaxing  
20 amount of at least one inhibitor of at least one calcium  
channel, formulated into a skin-compatible, topically  
applicable and cosmetically acceptable vehicle, diluent  
or carrier therefor.

25 16. The topically applicable cosmetic composition  
as defined in Claim 15, further comprising a hydrophilic  
or lipophilic gelling agent, a preservative, an  
antioxidant, a solvent, a fragrance, a filler, a  
sunscreen, a colorant, a hydrophilic or lipophilic

active agent, or combination thereof.

17. The topically applicable cosmetic composition as defined by Claim 15, comprising a solution, gel, cream, lotion, ointment, serum, emulsion, aerosol, milk, or vesicular dispersion.

18. The topically applicable cosmetic composition as defined by Claim 15, further comprising a keratolytic active agent.

19. The topically applicable cosmetic composition as defined by Claim 18, further comprising an  $\alpha$ - or  $\beta$ -hydroxy acid and/or a retinoid.

20. The topically applicable cosmetic composition as defined by Claim 15, comprising from 0.0001% to 10% by weight of said at least one inhibitor of at least one calcium channel.

21. The topically applicable cosmetic composition as defined by Claim 20, comprising from 0.001% to 5% by weight of said at least one inhibitor of at least one calcium channel.

22. A cosmetic composition suited for loosening/slackening and/or relaxing cutaneous and/or subcutaneous human skin tissue, comprising a thus-effective amount of at least one inhibitor of at least

23. The cosmetic composition as defined by Claim 22, said at least one keratolytic active agent comprising an  $\alpha$ -hydroxy acid,  $\beta$ -hydroxy acid and/or retinoid.